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Title **Effectiveness of Quantitative Restrictions of the Russian Federation Imported Goods as a Measure of State Regulation**

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**Abstract** Regulation of international relations in the field of international trade is an important function of the state in particular World experience confirms and economic theory justifies that exports with a high proportion of value added is a basic component of the foreign trade strategy of the progressive development of the state, and not import. The export component in foreign trade turnover and its qualitative content are evaluation criteria for the competitiveness of a country's economy and an indicator of its sustainable, fairly dynamic development. In this respect the issue of efficiency and the need for state regulation of imported goods arises. Samuelson P. «Economics: An Introductory Analysis», Stiglitz, Joseph E. «Fair Trade For All Oxford: Oxford university press», Best Thomas V., Nash J. « Practices in Trade Policy Reform» wrote about efficiency of state regulation. The article assesses the effectiveness of the quantitative restrictions use of the Russian Federation imported goods as a measure of state regulation. The study describes several methodologies for evaluating the effectiveness of state regulation measures. The author determines the impact of quantitative restrictions of the Russian Federation imported goods on the example of certain categories of goods. He analyzes the market structure of goods selected categories in different periods: before the introduction of quotas, during and after. He reports the positive and negative effects on the development of the economy as a whole. The study allows an objective look at the impact of state regulation measures on the imported goods and the development of domestic production.